

Need someone to talk to?

For workplace wellbeing support

Call 1300 428 255



Free, confidential and independent support from someone who understands.

Phone-based support available between 12pm - 8pm, seven days a week.

Call 1300 H2TALK (1300 428 255)

Hear2Talk
1300 H2 TALK

neaminational.org.au/Hear2Talk