

# Got It!



## Visual Schedule

Does your day feel chaotic?

Children are able to learn better when they have a consistent routine each day. A visual schedule can help children know what is happening and what to expect next.

- At the beginning of each day work as a team to write or draw the activities to be completed that day. Have your child choose 1-2 activities/breaks on the schedule.
- Make sure you include breaks for food, movement and fun.
- Try and make the schedule as consistent each day as possible
- Refer to the schedule throughout the day
- Remind children what they've already completed and the upcoming activity.
- Some days you might not finish all the activities on the schedule

**Visual schedules can look different, here are some ideas.**

**Get creative and remember you can draw, write or print pictures.**



Daily Schedule	
To Do	All Done
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>